



We have provided a list of possible activities for you to consider. This is in no way a complete list. Our goal is just to get you thinking of the possibilities. We encourage you to read through the list and see if any of these possibilities speak to you. Find what resonates with you. There are infinite possibilities to find what uniquely fits you.

CREATE A FAMILY TREE

- Numerous ideas can be found on Etsy or Pinterest for an artistic creation of a family tree
- Consider joining a site such as Ancestry.com to create a digital family tree for future generations to have.

CRAFT A VIDEO OR AUDIO RECORDING ON YOUR OWN

- StoryCatcher app for iOS: Unlimited ability to create videos/audio. Questionprompts also available on the site to help inspire conversation.
- www.tribute.com5: website to collect short video tributes to loved ones for special events
- Utilize our Love + Legacy DIY Toolkit for tips on recording your own
- Almaya app for iOS: digital app for recording video on your own time

WRITE DOWN FAMILY LIFE STORIES

- Purchase a special journal or preformatted book to fill in your life's history. Examples can be seen at uncommongoods.com (My Life Story...So Far) or redenvelope.com (The Story of a Lifetime). Many other companies carry versions of these keepsakes as well
- www.storyworth.com: send a question a week for a loved one to answer and then have bound into a book
- Story Corps Legacy: Download free app StoryCorps on android or iOS.

CREATE A PIECE OF ORIGINAL MUSIC OR RECORD YOURSELF PLAYING YOUR FAVORITE INSTRUMENT

CREATE A POEM ABOUT YOUR FEELINGS OR JOURNEY

WRITE LETTERS TO YOUR LOVED ONES

- Consider writing a one-time letter or writing a letter for different milestones such as birthdays, weddings, etc to give in the future.

CREATE A PIECE OF PERSONAL JEWELRY

- Many examples on Etsy for custom fingerprint jewelry or custom signature/handwritten jewelry
- www.jewelrythatmatters.com to search for an Iowa based jeweler to help create unique fingerprint jewelry
- www.josephsjewelers.com creates one-of-a-kind fingerprint jewelry

CREATE PLASTER HAND IMPRESSIONS

CREATE MEMORIAL QUILTS

- Create one of a kind memorial quilts with your loved one's t-shirts, neckties, jeans, and more with Cindy Swanson in Clive, IA. www.campustshirtquilt.com.
- Artists through Etsy have created t-shirt pillows or even teddy bears for additional options.

PURCHASE A SPECIALIZED STUFFED ANIMAL AND RECORD YOUR VOICE/HEARTBEAT

- BeaRegards (bearegards.com): many options of various stuffed animals to purchase with recording times between 20-60 seconds.

CREATE A SCHOLARSHIP IN YOUR NAME OR A LOVED ONE'S NAME

- Choose a cause near and dear to you or your loved one's heart and establish a scholarship

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